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W/C : 12/03/2018	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY									
<b>MAIN MEAL</b>	Lasagne Penne Pasta in Tomato Sauce 	Diced Chicken Stroganoff Rice 	Chilli Con Carne Rice 	Roast Beef Roast Potato Yorkshire Pudding  	Breaded Haddock Chips   									
<b>VEGETARIAN OPTION</b>	Cheese Pasty   	Lentil & Potato Curry Rice 	Roasted Vegetable Tart   	Spring Rolls  	Bean Burger in a Bun Salsa Sauce  									
<b>VEGETABLES</b>	Fine Beans Carrots	Broccoli Peas	Mixed Seasonal Vegetables	Green Cabbage Mange Tout	Spaghetti Hoops									
<b>DESSERTS</b>	Rice Pudding Jam  	Mixed Fruit Yogurt 	Chocolate Sponge Custard   	Fresh Fruit Salad Cream 	Ice Cream Selection 									
<b>DAILY ADDITIONS</b>     	Jacket Potatoes served daily with a choice of fillings from our salad bar													
<b>SALAD BAR</b>     	Wide selection available daily including tomatoes, cucumbers, beetroot, carrots, lettuce, sweetcorn, cheese, tuna, sliced mixed peppers, croutons, pasta salad, coleslaw etc.													
Fresh bread, freshly made assorted sandwiches, fresh fruit, cheese and biscuits served daily														
<b>No nuts or nut oils used - Menu subject to change</b>														
<b>ALLERGEN KEY</b>	 Peanuts	 Nuts	 Crustaceans (Shellfish)	 Molluscs (Shellfish)	 Fish	 Eggs	 Milk	 Cereals containing Gluten	 Soya	 Sesame seeds	 Celery	 Mustard	 Lupin	 Sulphur Dioxide