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W/C : 13/03/2017	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY									
MAIN MEAL	Pasta Shells with Bolognese and Garlic Bread 	BBQ Chicken Wings Rice 	Chicken Curry Rice Poppadums 	Roast Turkey Roast Potato Sage & Onion Stuffing 	Breaded Cod French Fries 									
VEGETARIAN OPTION	Vegetable Biryani Rice 	Tomato & Broccoli Pasta 	Roasted Vegetable Pizza 	Red Onion Tart with Goats Cheese 	Cheese Omelette & Beans 									
VEGETABLES	Carrots Sugar Snap Peas	Mangetout Broccoli	Cauliflower Carrots	Seasonal Vegetables	Mushy Peas Spaghetti Hoops									
DESSERTS	Apple Crumble Custard 	Mixed Fruit Peach Yogurt 	Jam & Coconut Sponge Custard 	Raspberry Jelly	Fresh Fruit Friday									
DAILY ADDITIONS 	Jacket Potatoes served daily with a choice of fillings from our salad bar													
SALAD BAR 	Wide selection available daily including tomatoes, cucumbers, beetroot, carrots, lettuce, sweetcorn, cheese, tuna, sliced mixed peppers, croutons, pasta salad, coleslaw etc.													
Fresh bread, freshly made assorted sandwiches, fresh fruit, cheese and biscuits served daily No nuts or nut oils used														
ALLERGEN KEY	 Peanuts	 Nuts	 Crustaceans (Shellfish)	 Molluscs (Shellfish)	 Fish	 Eggs	 Milk	 Cereals containing Gluten	 Soya	 Sesame seeds	 Celery	 Mustard	 Lupin	 Sulphur Dioxide