
































DINNER MENU

W/C : 15/01/2018	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY									
MAIN MEAL	Lasagne Garlic Bread 	Chicken & Sweetcorn Pie Roast Potato 	Lamb or Chicken Curry Rice 	Cajun Chicken, Salsa Sauce Rice 	Breaded Cod French Fries 									
VEGETARIAN OPTION	Potato Cheese & Onion Tart 	Macaroni Cheese Bake 	Sweet 'n' Sour Veggi Stir-Fry 	Sweet Potato & Spinach Curry Rice 	Spicy Bean Burger 									
VEGETABLES	Steamed Carrots Steamed Broccoli	Peas Steamed Fine Beans	Mixed Seasonal Vegetables	Steamed Sugar Snaps Sweet Corn	Baked Beans Peas									
DESSERTS	Mixed Fruit & Yogurt 	Sponge Chocolate Custard 	Rice Krispie Cake 	Rice Pudding Jam 	Selection of Ice Cream 									
DAILY ADDITIONS 	Jacket Potatoes served daily with a choice of fillings from our salad bar													
SALAD BAR 	Wide selection available daily including tomatoes, cucumbers, beetroot, carrots, lettuce, sweetcorn, cheese, tuna, sliced mixed peppers, croutons, pasta salad, coleslaw etc.													
Fresh bread, freshly made assorted sandwiches, fresh fruit, cheese and biscuits served daily														
No nuts or nut oils used - Menu subject to change														
ALLERGEN KEY	 Peanuts	 Nuts	 Crustaceans (Shellfish)	 Molluscs (Shellfish)	 Fish	 Eggs	 Milk	 Cereals containing Gluten	 Soya	 Sesame seeds	 Celery	 Mustard	 Lupin	 Sulphur Dioxide