





























# DINNER MENU

W/C : 16/10/2017	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY									
<b>MAIN MEAL</b>	Minced Beef Hot Pot 	Chicken Balti Rice 	Chicken or Cheese Wraps Wedges 	Breaded Cod French fries 	<b>INSET DAY</b>									
<b>VEGETARIAN OPTION</b>	Roasted Vegetable Lasagne 	Sweet 'n' Sour Stir Fry Noodles 	Roasted Root Vegetables with Halloumi Courgette 	Bean Burger Beans 	<b>INSET DAY</b>									
<b>VEGETABLES</b>	Broccoli Carrots	Sweetcorn Mange Tout	Sugar Snap Peas Cauliflowers	Spaghetti Hoops Peas	<b>INSET DAY</b>									
<b>DESSERTS</b>	Semolina Pudding 	Rice Krispie Cake 	Lemon Drizzle Cake Custard 	Ice Cream 	<b>INSET DAY</b>									
<b>DAILY ADDITIONS</b> 	Jacket Potatoes served daily with a choice of fillings from our salad bar													
<b>SALAD BAR</b> 	Wide selection available daily including tomatoes, cucumbers, beetroot, carrots, lettuce, sweetcorn, cheese, tuna, sliced mixed peppers, croutons, pasta salad, coleslaw etc.													
Fresh bread, freshly made assorted sandwiches, fresh fruit, cheese and biscuits served daily														
<b>No nuts or nut oils used</b>														
<b>ALLERGEN KEY</b>	 Peanuts	 Nuts	 Crustaceans (Shellfish)	 Molluscs (Shellfish)	 Fish	 Eggs	 Milk	 Cereals containing Gluten	 Soya	 Sesame seeds	 Celery	 Mustard	 Lupin	 Sulphur Dioxide