













































# DINNER MENU

W/C : 19/02/2018	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY									
<b>MAIN MEAL</b>	Mild Chili Con Carne Rice 	Chicken Balti Rice 	Penne Pasta Bolognese or Cheese & Mushroom Sauce 	Chicken Drumsticks 	Cod Fillets French Fries   									
<b>VEGETARIAN OPTION</b>	Quorn Sausages Tomato & Rosemary Sauce 	Ratatouille Cous Cous 	Sweet Potato, Spinach & Pepper Curry Rice 	Potato, Cheese & Onion Tart   	Spicy Bean Burgers 									
<b>VEGETABLES</b>	Fine Beans Broccoli	Cauliflower Carrots	Spring Greens Sweetcorn	Seasonal Vegetables	Mushy Peas Spaghetti Hoops									
<b>DESSERTS</b>	Strawberry Yogurt Peaches 	Coconut Sponge Custard   	Fresh Fruit Salad Cream 	Jelly Mixed Fruit	Chocolate Ice Cream 									
<b>DAILY ADDITIONS</b>     	Jacket Potatoes served daily with a choice of fillings from our salad bar													
<b>SALAD BAR</b>     	Wide selection available daily including tomatoes, cucumbers, beetroot, carrots, lettuce, sweetcorn, cheese, tuna, sliced mixed peppers, croutons, pasta salad, coleslaw etc.													
Fresh bread, freshly made assorted sandwiches, fresh fruit, cheese and biscuits served daily														
<b>No nuts or nut oils used - Menu subject to change</b>														
<b>ALLERGEN KEY</b>	 Peanuts	 Nuts	 Crustaceans (Shellfish)	 Molluscs (Shellfish)	 Fish	 Eggs	 Milk	 Cereals containing Gluten	 Soya	 Sesame seeds	 Celery	 Mustard	 Lupin	 Sulphur Dioxide