































DINNER MENU

W/C : 20/03/2017	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY									
MAIN MEAL	Lasagne and Garlic Bread 	Chicken Jalfrezi Curry Rice 	Cheese and Chicken Wraps with Wedges 	Cajun Chicken Drumsticks Rice 	Breaded Cod French Fries 									
VEGETARIAN OPTION	Potato & Lentil Curry Rice 	Stuffed Peppers 	Macaroni Cheese Bake 	Quorn & Bean Chilli Rice 	Veggi Bean Burger Baked Beans 									
VEGETABLES	Steamed Carrots Broccoli	Mangetout Cauliflower	Green Beans Sweetcorn	Sugar Snap Peas Carrots	Mushy Peas Spaghetti Hoops									
DESSERTS	Rice Pudding Jam 	Chocolate Sponge Custard 	Yogurt Fresh Fruit 	Treacle Sponge Custard 	Strawberry Jelly									
DAILY ADDITIONS 	Jacket Potatoes served daily with a choice of fillings from our salad bar													
SALAD BAR 	Wide selection available daily including tomatoes, cucumbers, beetroot, carrots, lettuce, sweetcorn, cheese, tuna, sliced mixed peppers, croutons, pasta salad, coleslaw etc.													
Fresh bread, freshly made assorted sandwiches, fresh fruit, cheese and biscuits served daily														
No nuts or nut oils used														
ALLERGEN KEY	 Peanuts	 Nuts	 Crustaceans (Shellfish)	 Molluscs (Shellfish)	 Fish	 Eggs	 Milk	 Cereals containing Gluten	 Soya	 Sesame seeds	 Celery	 Mustard	 Lupin	 Sulphur Dioxide