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W/C : 22/01/2018	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY									
MAIN MEAL	Loaded Jackets with Tuna, Sweetcorn, Chicken Curry, Bolognese, Cheese or Beans  	Chicken Tikka Rice 	Sausages Mashed Potato 	Roast Beef or Turkey Roast Potato 	Breaded Cod French Fries   									
VEGETARIAN OPTION	Cheesy Pasta Bake  	Lentil & Potato Curry Rice 	Mixed Bean Stew Cous Cous 	Quorn Sausage Bubble & Squeak 	Cheese Omelette  									
VEGETABLES	Carrots Broccoli	Mixed Seasonal Vegetables	Cauliflower Cheese Fine Beans	Mange Tout Carrots	Baked Beans Peas									
DESSERTS	Yogurt Peaches 	Apple Crumble Custard   	Fresh Fruit Salad  	Semolina Pudding 	Strawberry Jelly 									
DAILY ADDITIONS     	Jacket Potatoes served daily with a choice of fillings from our salad bar													
SALAD BAR     	Wide selection available daily including tomatoes, cucumbers, beetroot, carrots, lettuce, sweetcorn, cheese, tuna, sliced mixed peppers, croutons, pasta salad, coleslaw etc.													
Fresh bread, freshly made assorted sandwiches, fresh fruit, cheese and biscuits served daily														
No nuts or nut oils used - Menu subject to change														
ALLERGEN KEY	 Peanuts	 Nuts	 Crustaceans (Shellfish)	 Molluscs (Shellfish)	 Fish	 Eggs	 Milk	 Cereals containing Gluten	 Soya	 Sesame seeds	 Celery	 Mustard	 Lupin	 Sulphur Dioxide