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W/C : 24/04/2017	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY									
MAIN MEAL	Chicken Tikka Masala Rice 	Beef Lasagne Wholemeal Garlic Bread  	Jerk Chicken Rice Coleslaw  	Chicken & Cheese Wraps Diced Herby Potatoes  	Breaded Cod French Fries   									
VEGETARIAN OPTION	Caramelised Onion & Potato Tart   	Saag Aloo Basmati Rice 	Tomato & Basil Pasta Bows 	Quorn Sausages Rosemary & Tomato Sauce Roast Potato   	Veggie Burger Chips 									
VEGETABLES	Mange Tout Carrots	Broccoli Sweetcorn	Sugar Snap Peas Carrots	Fine Green Beans Cauliflower	Mushy Peas Spaghetti Hoops									
DESSERTS	Strawberry Yogurt Peaches	Coconut & Jam Sponge Custard   	Semolina Milk Pudding  	Fresh Fruit Salad	Raspberry Jelly									
DAILY ADDITIONS     	Jacket Potatoes served daily with a choice of fillings from our salad bar													
SALAD BAR     	Wide selection available daily including tomatoes, cucumbers, beetroot, carrots, lettuce, sweetcorn, cheese, tuna, sliced mixed peppers, croutons, pasta salad, coleslaw etc.													
Fresh bread, freshly made assorted sandwiches, fresh fruit, cheese and biscuits served daily														
No nuts or nut oils used														
ALLERGEN KEY	 Peanuts	 Nuts	 Crustaceans (Shellfish)	 Molluscs (Shellfish)	 Fish	 Eggs	 Milk	 Cereals containing Gluten	 Soya	 Sesame seeds	 Celery	 Mustard	 Lupin	 Sulphur Dioxide