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W/C : 25/09/2017	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY									
MAIN MEAL	Lamb Stew Wedges 	Chicken Jalfrezi Rice 	Pasta Bolognese Garlic Bread  	Piri Piri Chicken Rice 	Breaded Cod French fries   									
VEGETARIAN OPTION	Potato & Caramelised Onion Tart  	Macaroni Cheese Bake  	Kale, Butternut Squash & Butter bean Stew 	Chinese Noodles Mushrooms 	Spanish Omelette & Baked Beans   									
VEGETABLES	Broccoli Carrots	Seasonal Vegetables	Mange Tout Cauliflower	Fine Beans Carrots	Garden Peas Spaghetti hoops									
DESSERTS	Peaches and Cream 	Syrup Sponge Custard   	Pineapple Pieces Yogurt 	Cheese Biscuits 	Mixed Fruit Trifle 									
DAILY ADDITIONS     	Jacket Potatoes served daily with a choice of fillings from our salad bar													
SALAD BAR     	Wide selection available daily including tomatoes, cucumbers, beetroot, carrots, lettuce, sweetcorn, cheese, tuna, sliced mixed peppers, croutons, pasta salad, coleslaw etc.													
Fresh bread, freshly made assorted sandwiches, fresh fruit, cheese and biscuits served daily														
No nuts or nut oils used														
ALLERGEN KEY	 Peanuts	 Nuts	 Crustaceans (Shellfish)	 Molluscs (Shellfish)	 Fish	 Eggs	 Milk	 Cereals containing Gluten	 Soya	 Sesame seeds	 Celery	 Mustard	 Lupin	 Sulphur Dioxide