















































# DINNER MENU

W/C : 29/01/2018	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY									
<b>MAIN MEAL</b>	Penne Pasta with Bolognese or Tomato & Basil Sauce 	Curried Chicken Rice 	Mild Chili Con Carne Rice 	Chicken Drumsticks Wedges 	Nuggets Breadcr Cod French Fries   									
<b>VEGETARIAN OPTION</b>	Sweet Potato Butternut Squash & Spinach Curry Rice 	Roasted Beetroot, Parsnip and Onions with Halloumi  	Mac 'n' Cheese  	Sweet 'n' Sour Vegetable Stir Fry 	Bean Burgers in a Bun 									
<b>VEGETABLES</b>	Carrots Broccoli	Mixed Seasonal Vegetables	Sweetcorn Fine Beans	Sugar Snap Peas Carrots	Spaghetti Hoops Beans									
<b>DESSERTS</b>	Rice Pudding Jam  	Jam and Coconut Sponge with Custard   	Peaches Yogurt 	Mixed Fruit Salad Cream 	Ice Cream 									
<b>DAILY ADDITIONS</b>     	Jacket Potatoes served daily with a choice of fillings from our salad bar													
<b>SALAD BAR</b>     	Wide selection available daily including tomatoes, cucumbers, beetroot, carrots, lettuce, sweetcorn, cheese, tuna, sliced mixed peppers, croutons, pasta salad, coleslaw etc.													
Fresh bread, freshly made assorted sandwiches, fresh fruit, cheese and biscuits served daily														
<b>No nuts or nut oils used - Menu subject to change</b>														
<b>ALLERGEN KEY</b>	 Peanuts	 Nuts	 Crustaceans (Shellfish)	 Molluscs (Shellfish)	 Fish	 Eggs	 Milk	 Cereals containing Gluten	 Soya	 Sesame seeds	 Celery	 Mustard	 Lupin	 Sulphur Dioxide