
















































# DINNER MENU

W/C : 30/04/2018	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY									
<b>MAIN MEAL</b>	Penne Pasta Bolognese 	Chicken Curry Rice 	Cottage Pie  	Jerk Chicken Rice 	Haddock Chips   									
<b>VEGETARIAN OPTION</b>	Chickpea & Spinach Curry Rice 	Aubergine Moussaka  	Potato Onion & Cheese Tart   	Sweet 'n' Sour Stir Fry Veg and Noodles 	Bean Burger in a Bun 									
<b>VEGETABLES</b>	Spring Greens Sweetcorn	Cauliflower Spinach	Seasonal Mixed Vegetables	Broccoli Carrots	Beans Peas									
<b>DESSERTS</b>	Rice Pudding Jam  	Fresh Fruit Salad Cream 	Coconut Sponge Custard   	Peach Yogurt 	Jelly									
<b>DAILY ADDITIONS</b>     	Jacket Potatoes served daily with a choice of fillings from our salad bar													
<b>SALAD BAR</b>     	Wide selection available daily including tomatoes, cucumbers, beetroot, carrots, lettuce, sweetcorn, cheese, tuna, sliced mixed peppers, croutons, pasta salad, coleslaw etc.													
Fresh bread, freshly made assorted sandwiches, fresh fruit, cheese and biscuits served daily														
<b>No nuts or nut oils used - Menu subject to change</b>														
<b>ALLERGEN KEY</b>	 Peanuts	 Nuts	 Crustaceans (Shellfish)	 Molluscs (Shellfish)	 Fish	 Eggs	 Milk	 Cereals containing Gluten	 Soya	 Sesame seeds	 Celery	 Mustard	 Lupin	 Sulphur Dioxide