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W/C : 30/10/2017	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY									
MAIN MEAL	Penne Pasta Bolognese Garlic Bread  	Chicken Curry Rice 	Beef Sausages Roast Potatoes 	Chicken Drumsticks Jollof Rice 	Breaded Cod French fries   									
VEGETARIAN OPTION	Chick Pea Curry Rice 	Macaroni Cheese Bake  	Quorn Chilli Rice 	Stuffed Peppers   	Cheese Omelette Beans   									
VEGETABLES	Fine Beans Sweetcorn	Broccoli Carrots	Mixed Seasonal Vegetables	Mange Tout Carrots	Peas Spaghetti Hoops									
DESSERTS	Fresh Fruit Salad Yogurt  	Apple & Rhubarb Crumble Custard  	Rice Pudding Jam  	Ice Cream Selection 	Raspberry Jelly									
DAILY ADDITIONS     	Jacket Potatoes served daily with a choice of fillings from our salad bar													
SALAD BAR     	Wide selection available daily including tomatoes, cucumbers, beetroot, carrots, lettuce, sweetcorn, cheese, tuna, sliced mixed peppers, croutons, pasta salad, coleslaw etc.													
Fresh bread, freshly made assorted sandwiches, fresh fruit, cheese and biscuits served daily														
No nuts or nut oils used														
ALLERGEN KEY	 Peanuts	 Nuts	 Crustaceans (Shellfish)	 Molluscs (Shellfish)	 Fish	 Eggs	 Milk	 Cereals containing Gluten	 Soya	 Sesame seeds	 Celery	 Mustard	 Lupin	 Sulphur Dioxide