





































# DINNER MENU

| W/C : 08/05/2018  | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY  |  |  |   |  |  |  |   |   |   |
|---|---|---|---|--|---|--|--|---|--|--|--|---|---|---|
| <b>MAIN MEAL</b>  | <b>BANK HOLIDAY</b>   | Spaghetti Bolognese<br>Garlic Bread  | Sausages<br>Mashed Potatoes &<br>Onions  | Cajun Chicken<br>Rice         | Burgers in a Bun<br>Chips              |  |  |   |  |  |  |   |   |   |
| <b>VEGETARIAN OPTION</b>  | <b>BANK HOLIDAY</b>   | Vegetable Curry<br>Rice              | Macaroni<br>Cheese Bake                  | Stuffed Peppers<br>Cous Cous  | Fish Fingers or<br>Cheese<br>Omelette  |  |  |   |  |  |  |   |   |   |
| <b>VEGETABLES</b>   | <b>BANK HOLIDAY</b>   | Carrots<br>Fine Beans   | Spring Greens<br>Broccoli   | Cauliflower<br>Sweetcorn   | Peas<br>Beans   |  |  |   |  |  |  |   |   |   |
| <b>DESSERTS</b>   | <b>BANK HOLIDAY</b>   | Ice Cream Selection                 | Yogurt<br>Fruit                         | Semolina<br>Pudding          | Fruit Salad<br>Cream                  |  |  |   |  |  |  |   |   |   |
| <b>DAILY ADDITIONS</b><br>     | Jacket Potatoes served daily with a choice of fillings from our salad bar   |   |   |  |   |  |  |   |  |  |  |   |   |   |
| <b>SALAD BAR</b><br>           | Wide selection available daily including tomatoes, cucumbers, beetroot, carrots, lettuce, sweetcorn, cheese, tuna, sliced mixed peppers, croutons, pasta salad, coleslaw etc. |   |   |  |   |  |  |   |  |  |  |   |   |   |
| Fresh bread, freshly made assorted sandwiches, fresh fruit, cheese and biscuits served daily<br><b>No nuts or nut oils used - Menu subject to change</b>  |   |   |   |  |   |  |  |   |  |  |  |   |   |   |
| <b>ALLERGEN KEY</b>   |  Peanuts   |  Nuts                                |  Crustaceans (Shellfish)                 |  Molluscs (Shellfish)         |  Fish                                 |  Eggs |  Milk |  Cereals containing Gluten |  Soya |  Sesame seeds |  Celery |  Mustard |  Lupin |  Sulphur Dioxide |